

### WELCOME TO MAMOYO SPA

Situated in the beautiful gardens of Twangale Lodge, MaMoyo spa is a pure sanctuary where every detail has been carefully chosen to ensure that you relax, rejuvenate and regenerate your senses. Take a deep breath, close your eyes, silence the noise of the world, escape the hustle and bustle of life and allow our qualified therapists to not only treat you to the best spa and beauty treatments available on the market, but to also heLp you surrender and experience the rhythms of nature.

### SPA ETIQUETTE

- No children under the age of 5
- Swimming costumes must be worn at all times when using the hydro facilities
- Advance bookings are recommended
- We recommend that you arrive 20 minutes prior to your treatment time
- Late arrivals will result in shortened treatment time to accommodate other clients but will be charged in full
- We require that you notify the spa 7 hours prior to your appointment

### DISCLAIMER

- Guests are asked to take care of their personal belongings. Mamoyo Spa does not accept responsibility for any loss or damage
- Prices are subject to change without prior notification
- To ensure that all guests benefit from the quiet environment, we request that all areas be shared respectfully

OPENING HOURS

MONDAY TO FRIDAY 10:00AM - 21:00PM SATURDAYS 8:00AM - 21:00PM

PUBLIC HOLIDAYS & SUNDAYS 10:00AM - 20:00PM





### ALL ABOUT BODY

### **BODY ENVELOPMENT**

An anti stress, firming, detoxing treat-ment that starts with a full body polish followed by a full body wrap and ending this fantastic treatment with a back, neck and shoulder massage.

90MIN K850

### MAMOYO TOUCH

An ultra – relaxing African rhythmic massage that incorporates cupping therapy to help relieve stress knots and relax your body.

60MIN K750

### BACK, NECK & SHOULDER

MASSAGE A classic treatment focusing on the back and shoulder areas to work out specific tension in those areas.

\*add on hot stones or bamboo sticks K120

30MIN K450 45MIN K500

### LIFE SAVING BACK TREATMENT

A back exfoliation followed by a creamy back mask and finished off with a back, neck and shoulder massage.

60MIN K750

### MAMOYO SIGNATURE MASSAGE

Enjoy a traditional African rhythmic massage incorporating African rungu, bamboo sticks and hot towel compress for hot stone

60MIN K750 90MIN K900

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### T W A N G A L E

### SWEDISH MASSAGE

The original massage that will stimulate the blood circulation whilst releasing muscle tension.

60MIN K650 90MIN K750

### HOT STONE MASSAGE

A relaxing massage combined with hot basalt stone treatment to stimulate blood flow & leave you with a lasting sensation of warmth and calm

60MIN K750 90MIN K850

### **DEEP TISSUE MASSAGE**

Using the power of arnica and peppermint oil to reduce muscle pain

60MIN K680 90MIN K790

### AROMATHERAPY MASSAGE

Choose one of our therapeutic oils to work on a specific condition choose one of our therapeutic oils to work on a specific condition

60MIN K650

SCALP MASSAGE 30MIN K300 STRESS RELIEF FOOT MASSAGE

30MIN K350

PREGNANCY MASSAGE

60MIN K750

### CARING FOR YOUR SKIN THE MAMOYO WAY

		DERMALOGICA	ESSE	SKNLOGIC
Express Radiant Facial	30MIN			K450
Deep Cleans Facial	60min	K850	K750	K650
Ultra-calming Hydrating Facial	60min	K875	K825	
Energizing Teen Facial	45MIN			K450
Regenerating Anti-aging Facial	75MIN	K1200	K980	

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### CARING FOR YOUR SKIN THE MAMOYO WAY

### FACIAL ENHANCERS

Spa Facial Peel : Skinlogic

Spa Facial Peel : Dermalogica K1500

K850

Eye Treatment : Dermalogica

K350

Eye Treatment : Skinlogic

K250

### HAND AND FEET TREATMENTS

Classic Manicure	45MIN	K250	
Gel Manicure	60min	К400	
MaMoyo Medical Manicure	60min	к400	(k500 with gel paint)
Classic Pedicure	60min	к350	
Gel Pedicure	90min	К450	
Mamoyo Medical Pedicure	75MIN	K450	(k550 with gel paint)
File And Paint	30min	K150	(k150 with gel paint) (k100 w/normal paint)
Acrylic	90min	К350	(plus k20 per nail - nail art)
Acrylic Fill	45MIN	к200	
Rubbergel	90min	K400	(plus k50 per nail - nail art)
Gel Application	30min	K100	

### HAND AND FEET TREATMENTS

### SOAK OFF

Gel Soak Off	30MIN	K150	
Acrylic	60min	K200	(Price will differ for nails not done by MaMoyo)

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# Malhoyo Spa

### TWANGALE

### FINAL TOUCHES

### WAXING

Back	K350	Half Leg	K290
 Neck	K90	Stomach	K170
 Underarm	K150	Full Arm	K230
 Bikini	K255	Half Arm	K170
Brazilian	K400	Brow	K100
Hollywood	K460	Cheek	K100
Lip	K70	Chin	К100
Full Leg	K400	3/4 Leg	K350

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Brows K100
Chin, Cheeks Or Lip K350

**JACUZZI** 

30 & 60min K

K300

### TINTING

 Eyelash
 K100

 Brow
 K100

 Lash & Brow
 K180

STEAM ROOM

20min K200

SWIMMING

60min K150

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# May Noyo Spa

TWANGALE

### ALL ABOUT BODY

### **ZORORA PANO**

Discover the best of both worlds with this one-of-a-kind treatment. That combines treatment of face and body. This treatment starts with a full body polish followed by a soya body wrap and steam therapy then a full body massage to help relive stress. Follow this with an express facial to help your skin glow, then finish o with a classic pedicure.

2 HRS, 30MIN K2250

### MOM - TO - BE PACKAGE

A package designed to pamper the mom – to – be from head to toe. It stars with a gentle exfoliation followed by a soothing pregnancy massage and foot massage to ease the physical strain on the body and feet.

A well-bal-anced lunch from our onsite restau-rant will then be served by the poolside after.

3 HRS, K1700

### FULL DAY PACKAGE

Revitalize and invigorate your body by starting with a full body exfoliation and a full body wrap followed by steam therapy. Release tension and de-stress with a 60 minute Swedish massage, then give your face the ultimate glow with our 60 minutes relaxing facial. Take a break from the treatments and indulge in a sumptuous lunch then end the journey with a classic manicure and a classic pedicure.

6 HRS, K2,850 (PER PERSON)

5% DISCOUNT FOR GROUPS OF 3+

### HALF DAY PACKAGE

Includes: 60 minutes Swedish massage, 60 minutes facial, classic manicure and classic pedicure, access to the swimming pool, lunch and a smoothie

4 HRS, K2,100 (PER PERSON) 5% DISCOUNT FOR GROUPS OF 3+

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### ALL ABOUT BODY

### MEN'S EXECUTIVE PACKAGE

Offering the ultimate treatment for men. Includes a purifying back treat-ment, deep tissue massage finishing off with a gent's facial to rejuvenate and restore the skin.

3.5 HRS, K1700

### BLISSFUL

Back, Neck & Shoulder massage plus 30mins in the jacuzzi
75 MIN K550

### TEEN PACKAGE

This is a fun-packed experience includes, teen facial, manicure, pedi-cure, swimming, steam therapy, jacuzzi, food and mock-tails

3 HRS, K1,200 (PER PERSON) 7.5% DISCOUNT FOR GROUPS OF 4+

### CREATE YOUR OWN PACKAGE AND GET 5% DISCOUNT FOR GROUPS OF 4 AND ABOVE

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### WEDDING PACKAGES

These package are designed to relax, relieve tension and refresh the bridal party in the run-up to the big day, whilst also having fun

### FOR THE BRIDE

Includes full body scrub, Swedish mas-sage, glowing facial, manicure, pedi-cure, 30 minutes access to jacuzzi, steam room, swimming pool, canapes and mimosas 4 HRS K2500

### FOR THE GROOM

Includes deep tissue massage, men's facial, steam therapy, 30 minutes jacuzzi, food and drinks.

3 HRS K1700 (PER PERSON)

### FOR THE BRIDESMAIDS

Includes classic manicure, classic pedi-cure, 30 minutes jacuzzi, steam therapy, swimming, canapes and mimosas

4 HRS K850

### FOR THE GROOMSMEN

Includes full body massage, steam therapy, jacuzzi, swimming, platter and drinks

3 HRS K1100

### POST WEDDING BRIDE & GROOM RELAXATION

This package starts with a steam therapy session after which the couple is led to our romantic out-door treatment area which overlooks a pond where they will enjoy a hot stone Swedish massage and a relaxing facial. Sparkling within package starts with a steam therapy session after which the couple is led to our romantic outdoor treatment area which overlooks a pond where they will enjoy a hot stone Swedish massage and a relaxing facial. sparkling wine

3 HRS K3500 (PER COUPLE)

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